

UPHILL – THE UPPER ROOM

OPEN

Discuss a time when you were part of a team or organization that was united. How did this affect how you felt? How did it affect the outcome of the group?

REFLECT

God exists in unity – Tri-unity = Trinity. God created our world for unity and wholeness.

Lynn talked about the ‘horizontal supports’ that were lacking in the 1989 California earthquake road collapse. Reflect on this as a metaphor for your life

**Read Matthew 26**

What did you learn from this sermon?

What stood out to you from this portion of Scripture?

*Where* are you lacking horizontal support?

*Why* are you lacking horizontal support? **Why** is fellowship essential for discipleship?

*How* does serving together, eating together, grieving together, etc. foster unity and community?

*What* masks do we wear that keep us from authentic unity?

**When** we lack horizontal supports during trying times, chaos can happen.

How do Scriptures such as **Ecclesiastes 4:9-10; Ephesians 5:18-21; Colossians 3:16** challenge believers to grow in their faith?

How did this sermon challenge you?

## **APPLY**

How do these passages challenge you to live differently?

Plan on inviting neighbors, co-workers, others over for a meal or a BBQ.  
Allow hospitality to build bridges of unity.

Play some Christian songs on YouTube and sing together.

## **MEMORIZE     John 18:20-23a**

“My prayer is not for them alone. I pray also for those who will believe in me through their message, <sup>21</sup>that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me. <sup>22</sup>I have given them the glory that you gave me, that they may be one as we are one— <sup>23</sup>I in them and you in me—so that they may be brought to complete unity.

## **PRAY**

Pray for God to open our eyes to see areas that you need to grow in Christian unity. Pray for opportunities to allow hospitality to create horizontal support for you and others and to be avenues to transform us.

**NEXT STEPS:** Here at FCC we seek to be a transforming community that makes disciples who make disciples, and shows compassion to others. As disciples, we are called to be on mission / change agents who follow God’s rescuing purposes for our community and the world.

If you are not involved, here are a few ways to help you do that:

1. Grow in community by getting plugged in to our Sunday Educational classes, join a small group, or other periodic events here at FCC.
2. Serve! We all have a responsibility and gifting to be used for others – Ephesians 4. You have gifts, talents, and abilities that need to be used for God’s glory. To figure out what place might be best for you, visit <http://myfcc.church/serve/volunteer-opportunities/>
3. Check out our Belong class. Here you can learn all about FCC, how to get connected, and how you can partner with us in God’s plan for this world!